

Prepare yourself for Hajj



Visit your GP  weeks before travel.

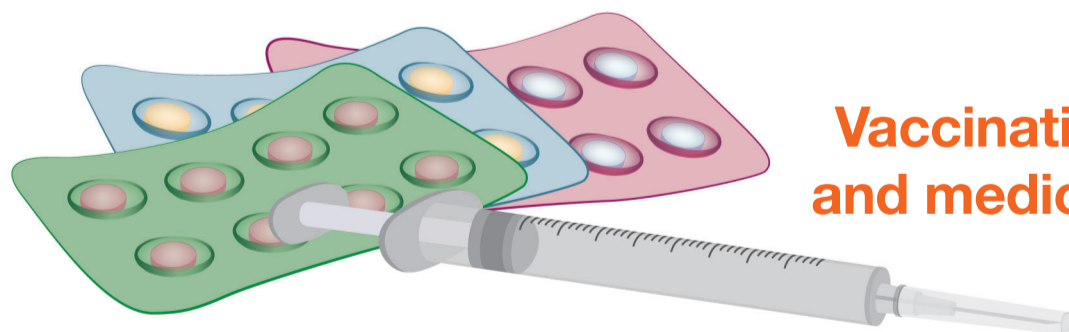
Protect yourself, your family and the community.



Food and drink
hygiene



Respiratory
hygiene



Vaccinations
and medicines

Further advice

- Saudi Arabia Ministry of Health: <https://www.moh.gov.sa/en/Hajj/Pages/default.aspx>
- fitfortravel: <https://www.fitfortravel.nhs.uk/hajj>